

# Patient Information

**BEGO PMMA Splint and  
BEGO PMMA Splint E –  
Occlusal Splints**

Dear patient,

This brochure contains useful tips on how to use, care for, clean, and store your occlusal splint.

The occlusal splint is customized to your specific needs and is biocompatible.

Please wear the splint:

At night

During the day

We would like to wish you every success with your treatment! Should you have any further questions, please do not hesitate to contact the practice team.

### Important information

When worn regularly, the splint can undergo changes which can affect its function (e.g., opacification/discoloration or considerable signs of abrasion). In such cases, it may be necessary to repair or reproduce the splint.

The occlusal splint should be monitored as part of treatment by means of regular assessments in the dental practice.



Please note the following information to ensure the long-term functionality of the splint:



#### Use

Before putting the splint in your mouth:

- Brush your teeth
- Rinse the splint thoroughly with cold water

When wearing the splint:

- Do not eat or drink as there is otherwise a risk of the splint breaking

Optional:

- To increase comfort during insertion, place the splint first in warm water for at least 20 seconds



#### Care and cleaning

After wearing the splint:

- Rinse the splint thoroughly with cold water and clean the inside and outside with a toothbrush



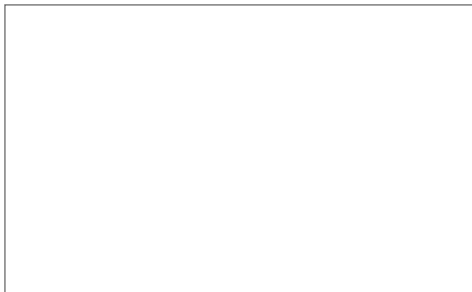
#### Please avoid cleaning with

- Toothpaste or prosthesis cleaners
- Cleaning agents containing dyes, e.g. mouthwash
- Cleaners containing alcohol
- Household cleaning agents or abrasive agents
- Boiling water
- Ultrasound devices and cleaning methods with temperatures in excess of 35°C



#### Storage

Between wearing cycles, the splint should be stored dry at room temperature away from light. You can store the occlusal splint in the BEGO plastics box (without foamed inlay) that may have been provided. To avoid an increased accumulation of germs, please note that the occlusal splint remains dry during storage or is only rinsed before wearing!



Dentist's stamp

[www.bego.com](http://www.bego.com)

**BEGO Bremer Goldschlägerei Wilh. Herbst GmbH & Co. KG**

Wilhelm-Herbst-Str. 1 · 28359 Bremen, Germany  
Telefon +49 421 2028-280 · Fax +49 421 2028-100  
E-Mail [material.lab@bego.com](mailto:material.lab@bego.com) · [www.bego.com](http://www.bego.com)

**BEGO Medical GmbH**

Wilhelm-Herbst-Str. 1 · 28359 Bremen, Germany  
Telefon +49 421 2028-200 · Fax +49 421 2028-174  
E-Mail [cadcam@bego.com](mailto:cadcam@bego.com) · [www.bego.com](http://www.bego.com)